

January 2021

# The Wildbriar Branch

Wildbriar Estates | 17 Wildbriar Drive | 585-346-0011 | Fax: 585-346-0012



## January Highlights

**Monday's**

**Gratitude Cafe  
10:00-11:00 a.m.**

**Tuesday's**

**Manicures  
(Sign up for appt.)**

**January 5<sup>th</sup>**

**Begin Traveling Story**

**January 14<sup>th</sup>**

**Ice Cream Pass  
2:00-3:00 p.m.  
(Sign up if you would like us  
to drop by with some ice  
cream!)**

**January 20<sup>th</sup>**

**Special Wheel of Fortune  
Wildbriar Style!**

**January 28<sup>th</sup>  
Craft to Go  
2:00 p.m.**

**All sign-up sheets are located  
in the nook by the mailboxes**

## News From Anna

# 2021

Happy New Year

2021 is sure to bring us back to normal somewhat! So what's next? I sincerely wish I knew or could predict.

I again thank you for your cooperation by following the guidelines for the community and keeping all of us safe.

I have also developed a quarantine packet to provide to anyone who has to quarantine. I believe this will be extremely helpful, and I thank the Resident who provided input for me. Having gone through quarantine, I wanted her opinion and what she thought would be helpful. As a result, we have a great resource to offer to those who find themselves quarantined.

I have reached out to the post office about the mail being placed in wrong mailboxes, and I know some of you have also done the same. I hope we will see an improvement.

### Lunch Reminder

For those who order a lunch and are not home when it is delivered, please be sure that it is picked up from the Community Room the same day by 3:30 p.m.

“JANUARY,

The first month of the year,  
A perfect time to start all over again,  
Changing energies and deserting old moods,  
New beginnings, new attitudes”

— Charmaine J Forde

## How Will You Know When It Is Your Turn to Get the COVID-19 Vaccine?



Governor Andrew M. Cuomo today announced the NYS Department of Health has released a draft COVID-19 Vaccination Administration Program that serves as an initial framework for ensuring the safe and effective distribution of a COVID-19 vaccine in New York.

Individuals over 65 and Individuals under 65 with high-risk, will be in Phase 2 or 3. At this point, it is unclear who will be notifying you. UR Medicine has been selected to manage the vaccines in our area, and recent notices state if you are a URMC patient, you will be notified by them about the vaccine. Because this is a huge undertaking, expect changes to schedules, and notifications as situations develop and vaccines become more readily available.

I reached out to Jennifer Rodriguez of the Livingston County Public Health Dept., and she informed me that in March they will be holding vaccination clinics as well, but had little information for us.

It is your choice to be vaccinated, and you should talk with your family and medical professional to help you with the decision.

Anna

## News from Nicole

**Health Insurance Updates:** If you have United Healthcare, please be advised that if you would like to add the dental ‘rider’ which is an additional charge for dental insurance, you will need to do so before March of 2021.

### Community Engagement Opportunities:

We will be modifying community activity during this era of Covid-19 to get us through these difficult times, but still keeping us motivated and engaged.

### Gratitude Board

Mondays we will be offering Gratitude Cafe. Grab a cup of coffee to go and feel free to write on the Gratitude board. What is the Gratitude Board? Every Monday we’ll have a new prompt to start you thinking, and you have the opportunity to write your response on the gratitude board located in the lobby.

### Manicures

Each Tuesday I will be offering manicures. There will be individual appointments and you can sign-up at the Nook.

### Traveling Story

Traveling story –creative writing opportunity. Sign up by January 1<sup>st</sup> to participate. It begins with “a cold blustery night....” Each participant will add to the story with their creative imagination, and then pass it off to the next participant on the list to include their vision. Once the last person receives the combined storyline, they will write the ending of the story. Nicole will make copies of the finished product, and hand out to those that participated

### Wheel of Fortune

On January 20<sup>th</sup>, watch Wheel of Fortune at 7:00 p.m. As soon as you think you know the answer to the puzzle (the main puzzles, not the toss ups), be the first to call in your answer and leave the answer to the puzzles in a message to 346-0010. Small prizes for the win! I will contact you if you’ve won, and will post the winners!

Please sign up for the following engagement opportunities, in the nook by the mailboxes in the main building:



## Information from Tom

Ever wonder why your breaker trips in certain areas. This occurs for the following reason.

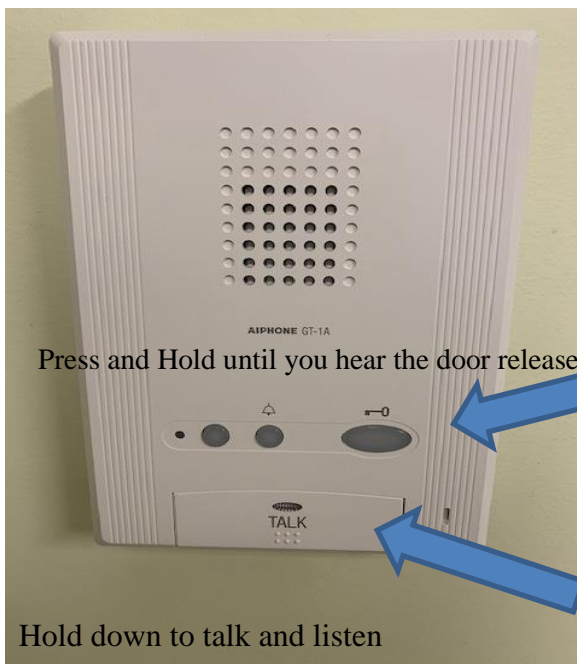
- You do not have a surge protector with an EMI filter.

You should not be using regular extension cords, as this will also trip your breaker. Also, old appliances, and electrical items can also cause issues. If you are ever in doubt, please ask me.

It is nice to see the way some of you have decorated your little nook near your apartment door. A couple of things to be mindful of.

- We are unable to vacuum the space where your decorations are, and request that you please be sure to vacuum.
- Some decorated areas are protruding into the hallway, and we ask that you scale them back so they are not protruding.
- Any decorations you put on the wall must be done with 3M removable hooks so as to avoid damage to the walls.

It seems some are still having difficulty using the intercom system, so we are providing you with a guide. If you need help, please do not hesitate to ask.



## Townhome Residents



We have an ongoing issue with how we communicate with townhome Residents, and provide updates, and other vital information.

Since some of the communication can be sensitive, we will no longer put this type of communication on your door handle. We will continue to deliver the calendar and newsletter, as well as general announcements on your door handle in a plastic bag. To prevent any of these bags from blowing off your door handle, we will be securing the bags with a rubber band.

We have added paper toweling and sanitizer in the laundry room so that you may wipe down the washers and dryers after each.



January 6<sup>th</sup>  
 Monica C.  
 January 12<sup>th</sup>  
 Cathy W.  
 January 13<sup>th</sup>  
 Trish H.

## Important Numbers

Livingston County Mental Health – help line: Call the Help line if you need someone to talk to during these stressful times. Free and confidential. Monday through Friday 9AM – 5PM. Walk-ins available if in crisis, but call first 585-243-7250.

COVID Emotional Support Hotline  
1-844-863-9314

## Food Pantry Locations

Livonia Food Pantry

4213 S Livonia Road

Livonia Fire Department

585-346-6470

## Tuesdays & Saturdays

**10:00AM-12:00PM**

SBR Food Pantry

40 Spring Street

Livonia, NY 14487

(no phone #)

## Saturdays

**9:00 AM - 11:00 am**

## Wildbriar Staff

### Site Manager

Anna Alger

Office: 585-346-0011

Fax: 585-346-0012

Email: [aalger@gvrpc.com](mailto:aalger@gvrpc.com)

### Hours

Monday-Friday

8:00 am-4:00 pm

### Maintenance

Tom Brown

Office: 585-346-0010

### Hours

Monday-Friday

7:00 am-1:00 pm

## After Hours Emergency Contact

Tom Brown

Cell:585-478-3816

### Service Coordinator

Nicole Fernandez

Office: 585-346-0010

Email: [nfernandez@gvrpc.com](mailto:nfernandez@gvrpc.com)

### Hours

Monday-Thursday

9:30 am-4:00 pm