## COVID-19





- Vaccine clinics have started in Livingston County for Phase 1a and 1b with limited supply. For more information, please visit www.livingstoncounty.us/vaccine or call 1-877-280-6775. Appointment links will be posted on our website when vaccine becomes available.
- To determine eligibility and to schedule appointments at New York State-run vaccination sites only, use the Am I Eligible app or call the NYS hotline at 1-833-697-4829.
- Twelve Rite-Aid stores in the Finger Lakes region are receiving vaccine doses this week. **Appointments** are for 65+ only, and should be made using the following link only: https://sr.reportsonline.com/sr/riteaid/NYS2021
- For general information on vaccines, please visit <a href="https://covid19vaccine.health.nv.gov/">https://covid19vaccine.health.nv.gov/</a>
- LCDOH offers limited testing to community members. Call 243-7270 for an appointment. For additional testing sites please visit https://coronavirus.health.ny.gov/covid-19-testing.
- For updated information on isolation and quarantine please visit https://coronavirus.health.nv.gov/travel-large-gatherings-and-quarantines#quarantines

## **Use Reliable Sources of Information:**

- Governor Cuomo's updates: <u>www.governor.ny.gov</u>
- Livingston County Department of Health Website <a href="https://www.livingstoncounty.us/1207/COVID-19">www.livingstoncounty.us/1207/COVID-19</a>
- NYSDOH website <u>www.health.ny.gov</u>
- CDC website <u>www.cdc.gov</u>

## **Community Resources:**

- Resources are available by visiting <a href="www.thelcn.com">www.thelcn.com</a> and click on the map or call 2-1-1 or visit <a href="www.211lifeline.org">www.211lifeline.org</a>
- Livingston County Mental Health has a free, confidential help line. Please call 243-7251, Monday Friday from 9:00 am -5:00 pm.

## **Protect Yourself and Others:**

- While the COVID-19 vaccination process is underway, everyone should continue to wear a mask, social distance and avoid small and large gatherings.
- Wash your hands with soap and water often.
- Don't touch your face with unwashed hands.
- **Clean and disinfect** things that you touch a lot like doorknobs, light switches, phones, toilets, faucets, and sinks.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash can and disinfect frequently touched objects and surfaces.
- Get a flu shot for yourself and your family members. This will not prevent COVID-19 but it will prevent you from getting flu, keeping you healthy and out of the hospital.



